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DRUG-Free Mind is a **KEY TO SUCCESS**

Preventions of Drug Use

- Learn to deal with life pressures.
- Do not give in to peer pressure.
- Develop close family ties.
- Develop healthy habits.
- Opt for open communication with family.
- Ensure a strong bond between children and parents.
- Learn and educate yourself and the community around you.
- Encourage parental monitoring and control.
- Follow discipline consistently.
- Create preventive programming strategies in collaboration with community groups.
- Identify the use of drugs and report to the concerned.



Don't Let
DRUGS
Destroy Your
DREAMS

MAKE A CHOICE SUCCESS IN LIFE OR **DRUGS**

It is unfortunate and alarming that drug use has risen in the educational institutions around the country. We must remember that drugs destroy a student's character, discipline and health, ultimately jeopardising his/her personal and professional life.

Whether anyone takes drugs for avoiding anxiety and stress or just use recreational drugs, he/she actually falls into a horrible trap. The more they use drugs, the less they have the chance to lead a successful life.

So Just Say NO to **DRUGS!!**

WHY DO STUDENTS TURN TO **DRUGS**

- Recreation / Curiosity
- Stress
- Peer Pressure
- Family history of drug abuse
- Impulsive behaviour

HAZARDS OF **DRUG USAGE**

- Memory Loss
- Lack of Concentration
- Poor Decision Making
- Dropping Grades, and in some cases Dropping Out
- Suicide, Homicide, Accidents
- Financial Losses
- Losing Friends
- Disturbed Family Life

“Choose **Life**
Not **Drugs**”

“ An
ADDICT has
nothing to **GAIN** ”

